



Community Outreach



MENTAL HEALTH AWARENESS

2013

**CALM Yourself and
Decrease STIGMA**

Highlights

- Vendors
- Information/
Resources
- Bounce Houses
- Free Food/Snacks

2nd Annual: STIGMA FREE ZONE

Blanchard Park YMCA Family Center
10501 Jay Blanchard Trail, Orlando, FL 32817 (Off Rouse Road)

Contact Jennifer: 407-836-8978

Time: 10:00-2:00 PM

Date: 10/19/2013(Saturday)



**Federation
of Families**
OF CENTRAL FLORIDA